

VIBRO GS SERIES

VIBRO GS SPORTS EDITION YV20RS



R.R.P.

EAN: 8431284565541



Platforms

The ideal complement for sports conditioning.

With the YV20RS VIBRO GS SPORTS EDITION platform you can use the display to select your sport from among 25 disciplines (from football to basketball, covering sports as varied as horse riding, tennis, golf or skiing).

After selecting the sport and the training exertion level (the software includes 3 preset levels + 1 user programmable level), the monitor will show the user step by step instructions for **training specific to each sport**, taking into account the muscles most involved in each particular sport. (and therefore the ones which need the most exercise to strengthen them).



Use	
Frequency	Very intensive
Specifications	
Belts for arm exercises	Yes
Vibration type	Oscillating
Motor	2 150 W motors - Alternating current (professional)
Vibrator frequency	30 - 45 Hz
Vibration amplitude	1 to 4 mm
Control panel	
Monitor	GSR Graphics with 4,3-inch LCD screen
Programmes	Training routines for more than 25 sports
Control panel on the column	Yes
Complementary material	Exercise guide and DVD
Comfort of use	
Casters	Yes
Vibro-massage device	No
Yoga mat and fitness mat	No
Dimensions	
Plate dimensions	50 x 70 cm
Length	70 cm
Width	70 cm
Height	134 cm
Weight	68 kg